YEARLY TRAINING PLAN *(MACROCYCLE)*

Rider Name: Wannabe Great **Horse Name:** Champ

Competition Name: CanDolt **Date:** February 22, 2025

Months	Jan					Feb				March				April				May					June				July				Aug					Sept				Oct					Nov				Dec				
Date	30	6	13	20	27	3	10	17	24	3	10	17	24	31	7	14	21	28	5	12	19	26	2	9	16	23	30	7	14	21	28	4	11	18	25	1	8	15	22	29	6	13	20	27	3	10	17	24	1	8	15	22	29
Events: # of Comp. Days																				3		1			3				1	3			2		3		3				3													
Events: Name																				Dressage NB - Sussex, NB		Gingerwood schooling show PEI		R.I.D.E.R.S. - Wimdsor, NS	Dressage at Ginerwood, PE			Béancour, QC	DPEI Intro show Crapaud, PE	Dressage NB - Sussex, NB			DPEI - Crapaud, PE		Bromont, QC			Dressage NB - Sussex, NB				EC Champs - Béancour, QC													
Events: Level																				3rd		3rd			3rd				3rd	3rd			3rd		3rd		3rd/4th				3rd													
Events: Type																				TC		PC			DC				TC	PC			PC		DC		TC				DC													
Events: Priority																				2		1			3				1	2			2		3		2				3													
General Preparation																																									Active	Rest	Active	Rest	Active	Rest	Active	Rest	Active	Rest	Active	Rest	2026 Prep	2026 Prep	2026 Prep	2026 Prep	2026 Prep
Specific Preparation																																																							
Competition Period																																																							